

# Spring Living In Process Intensive Living In Process Intensive

**May 9-12, 2008**

## **Intensive Location**

Mansfield Outdoor Centre  
Mansfield, Ontario

Mansfield Outdoor Centre (<http://www.mansfieldoutdoorcentre.ca/>) is located about one hour north of Toronto on 300 acres of rolling woodland. It is a beautiful setting for hiking, walking, and contemplating nature

## **Cost**

**\$490-525 (Canadian)**

Exact cost is dependent on the number of participants

Includes shared room and meals

A \$100 non-refundable deposit is required

For **more information** on the Mansfield intensive, please contact:

Rob Coutts 416 861-1460

To **register** for the Mansfield intensive, please mail the \$100 non-refundable deposit, your address, phone number, and details of any food needs to:

Rob Coutts  
#505-88 Mutual St  
Toronto, Ontario  
M5B 2N3

Please make your cheque(s) payable to Rob Coutts

**The Mansfield Outdoor Centre requires a minimum number of participants, therefore we ask you to register by April 28**

## **Details for the Mansfield Intensive**

Detailed written information about the intensive will be mailed out after registration.

We will do our best to facilitate carpooling to and from the Intensive.

## **Living in Process® Intensive Information**

The purpose of an Intensive is to provide an experience in the Living in Process® System and community while confronting the addictive process. Living in Process® is about spiritual living and living spiritually. An Intensive is an educational and participatory experience of soul level healing in a supportive community. This work is not therapy, and it is not based on the scientific model out of which therapy comes. It is an alternative based on the work developed by Anne Wilson Schaefer Ph.D., author of numerous books including: *Beyond Therapy*, *Beyond Science*, *Living in Process* and *Escape from Intimacy*. For further information you may contact the office of Wilson Schaefer Associates at 406-225-9171 or via email at [wsa@gte.net](mailto:wsa@gte.net).

### **Intensives offer an opportunity to:**

- Learn about spirituality and Living in Process® as an alternative to participating in the addictive system and addictive relationships.
- Experience healing and the possibility of a paradigm shift in the way we experience and lead our lives.
- Live in Process. In this work, we practice and receive support in honoring our internal process and nurturing transformation and recovery for ourselves, others, and the world.
- Share with and learn from others as we address our addictive behaviours using the 12-step model.
- Support new levels of honesty and recovery within ourselves and others.
- Experience support for staying with and moving through past and present feelings and processes at our own pace.

### **Facilitators:**

The facilitators are current members of the international Living in Process® Training who are dedicated to long-term healing, recovery, and learning to live in the LIP paradigm.